



Postal Registration No. N.E.-771/2006-2008

# THE GAZETTE OF MEGHALAYA

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*Separate paging is given on this part in order that it may be filed as a separate compilation.*

## PART - IX

**Advertisements and Notices by Government Offices and Public Service**

### NOTICES

#### STANDARD FORM OF APPLICATION

Photo

Dated,

To

The

Sir,

I beg to apply for the post of \_\_\_\_\_ and furnish the facts/as below in case of any false statement I am liable to any action Government may deem fit and proper. A Treasury Challan of Rs. \_\_\_\_\_ vide T. V. No. \_\_\_\_\_ is attached herewith.

Signature of Applicant

1. Full name in capital letters with address; if any; Surname first  
(Please do not use any initials)

Surname

2. Date of Birth :

Year

Month

Date

3. Place of Birth :

Village/Town

Police Station

District

State

4. Father's/Mother's and Husband's (in case of married female)  
(Please do not use initials).

## 5. Personal description :

A. Height

\_\_\_\_\_ M \_\_\_\_\_ Cm.

B. Colour of Eyes

C. Colour of Hair :

D. Visible distinguishing marks (if any)

6. A. Permanent Address in full.

B. Present Address in full.

C. If you have not resided at the above address continuously for the last four years. Please give the other address where you have resided during the period.

From :

To :

Address :

## 7. References :—

Name and address of two responsible persons in your localities who would be prepared to vouch for you.

A.

B.

8. Are you citizen of India? If so, how? (Copy of Citizenship Certificates should be enclosed where necessary).

9. Educational and other qualifications (Please attach copies of Certificates, Mark Sheets etc.)

Sl. No.	Name of Institution and Address	Date of entering	Date of leaving	Examination passed	Division	Subject taken
1.	2	3	4	5	6	7

1.

2.

3.

4.

5.

6.

## 10. Community :

(a) State your religion :

(b) Are you a member of Scheduled Caste/Scheduled Tribe? Answer "Yes" or "No". If "Yes" give particulars supported by a Certificate (Copy to be enclosed).

11. Present occupation, if any :

12. Previous appointment held, if any :

13. Are you a temporary/retrenched personnel of temporary Department of the Government of Meghalaya, Answer "Yes" or "No" (If "yes" give particulars).

14. Are you trained in or a member of the National Cadet Corps or Territorial Army? If so, give particulars.

15. Are you married or unmarried?

Signature.

**Note :** Particulars are to be filled in below the column in the space provided.

Shillong, the 20th September 2010.

**No.SW/CW/Misc.14/2009/6358-367.**—Sealed quotations affixing with non-refundable Court Fee Stamp of Rs. 400/- (Rupees four hundred) only are invited from the Registered suppliers/ firms who have valid item-wise registration in WHO-GMP certificate Printing work, given by the Licensing Authority/ Drug Controller of the State and manufacturer for supply of Medicine kits under the ICDS Scheme in the State for use in the Anganwadi centres.

The last date for receipt of quotation is on **20th October, 2010 at 2.00 p.m.** and will be opened on the same date and hour in the office of the undersigned in the presence of the tenders/ authorised agents if they like to be present.

The list of Medicine kits to be supplied, terms and conditions and further details of the supply contract may be seen in the office of the undersigned or in the office of the District Programme Officer (ICDS Cell) Shillong, Tura, Nongstoin, Jowai, Williamnagar.

**DETAILS OF TERMS AND CONDITIONS FOR SUPPLY OF MEDICINE KITS WITH MINIMUM QUALIFICATION CRITERIA.**

1. The manufacturers should hold a valid WHO-GMP since last two years.
2. The Company should be primary manufacturer of at least 7 items of the medicine kits - items.
3. The Company should have a minimum turnover of Rs. 10 crores during last two years.
4. The rest of the products and Ayurvedic medicines should be procured on marketed basis from reputed manufacturer.
5. The manufacturers/suppliers/bidder should have 5 years experience of supply of these types of kits.
6. The manufacturer & supplier should be financially sound and technically able to establish their a credibility accordingly.
7. The Supplier should submit along with their bid the **“Manufacturers Authority Letter”** for the call bought out items to be supplied in the kit.
8. The Manufacturer/Supplier should submit the copy of the valid Drug License from the State Authorities for manufacturing & distributor of these items.
9. The bidder/supplier should have financial capability and tie up arrangement for Ayurvedic items/Trading items.
10. The bidder/supplier should have the transportation and assembling arrangement of all the items in one lot of the kit.
11. However, the department reserves the right to ignore all or any, bid as one sole discretion.
12. The rates quoted against each item should be in figures and in words inclusive of all taxes and other charges and F.O.R. to the different/DPOs Offices in the State.
13. Each Tender should be properly sealed and superscribed on the envelop with the words in Bold letters **“SUPPLY OF MEDICINE KITS”**.
14. Each tender should be completed/ accompanied with the following documents :-
  - i) A non refundable court fee stamp of Rs.400/- (Rupees four hundred) only.
  - ii) Earnest money of Rs. 10,000/- (Rupees ten thousand) only in the form of Call deposit/Bank Draft pledged to the undersigned. Tenderers belonging to Scheduled Caste/Tribes may deposit 50% of the earnest money.
  - iii) The Earnest money of the unsuccessful tenderers shall be released after finalisation of the contract.

In the case of successful supplier(s) the Earnest money shall be retained till the supply contract is completed.

- iv) Attested copies of Scheduled Tribes/Caste Certificate/ Sales Tax/Professional Tax/Income Tax/ Clearance Certificate valid trading license and any other relevant/supporting documents be furnished along with the tender.
- v) Successful tenderer should furnish a Security Deposit of Rs. 50,000/- (Rupees fifty thousand) only in the form of Bank Draft/ Call Deposit pledge to the undersigned for Scheduled Caste/Scheduled Tribes 50%. Failing which the offer is liable to be cancelled and Earnest money forfeited.
- vi) The security deposit will be released only after completion of the contract.
- vii) The Purchase Board Committee reserves the right to reject any/all the tender without assigning any reasons thereof.
- viii) If the tenderers failed to comply the aforesaid terms and conditions the Earnest Money/Security Deposit will be forfeited to the Government/ Banning of contract with the Department/Fine or penalty be imposed as deem fit by the Government.
- ix) Successful Tenderer should be able to supply in full and good condition the required material within 2 (two) weeks from the date of issue an indent order and failing which the earnest money & security deposit will liable to be forfeited to the Govt.
- x) Successful Tenderer should be able to supply in full and in good condition the required material within 2 (two) weeks from the date of issue an indent order and failing which the earnest money and security deposit will liable to be forfeited to the Government
- xi) The supply contract and rates accepted shall remain in force from the date of acceptance for a period of 1 (one) year or further till fresh tenders are invited.

#### **List of the District Programme Officers, Offices**

1.	District Programme Officer, Shillong
2.	District Programme Officer, Tura
3.	District Programme Officer, Nongstoin
4.	District Programme Officer, Williamnagar
5.	<i>District Programme Officer, Jowai</i>

**LIST OF THE ICDS PROJECTS****East Khasi Hills District**

- 1 Myllem
- 2 Mawsynram
- 3 Mawryngkneng
- 4 Mawkynrew
- 5 Mawphlang
- 6 Pynursla
- 7 Shella Bholaganj
- 8 Khatarshnong - Laitkroh
- 9 Shillong Urban ICDS Project, Shillong

**West Khasi Hills District**

- 1 Nongstoin
- 2 Mawkyrwat
- 3 Mawshynrut
- 4 Mairang
- 5 Ranikor
- 6 Mawthadraishan

**Jaintia Hills District**

- 1 Thadlaskein
- 2 Khliehriat
- 3 Laskein
- 4 Amlarem
- 5 Saipung

**Ri Bhoi District**

- 1 Bhoi Area, Umsning
- 2 Umling
- 3 Jirang

**East Garo Hills District**

- 1 Songsak
- 2 Resubelpara
- 3 Rongjeng
- 4 Samanda
- 5 Kharkutta

**West Garo Hills District**

- 1 Rongram
- 2 Selsella
- 3 Betasing
- 4 Dalu
- 5 Zikzak
- 6 Dadenggre
- 7 Tikrikilla
- 8 Gambegre
- 9 Tura Urban ICDS Project, Tura

**South Garo Hills District**

- 1 Baghmara
- 2 Chokpot
- 3 Rongara
- 4 Gasuapara

**C. C. M. MIHSIL,**  
Director of Social Welfare  
Meghalaya, Shillong.

ANNEXURE - I

S.No.	Product Name	Pharmacopoeial Standard	Strength	Dosage Form	Qty. Recd. in one Unit Pack	Labelling Instruction	Size of Unit Pack	Specification
a.	Paracetamol Tablets IP	Indian Pharmacopoeia (I.P.) 1996	500mg	Tablets	500 tabs. x 1 Jar	As per tech. specification	Jar dia = 81 mm (outer) $\pm$ 1mm Jar height with cap = 102mm $\pm$ 2mm (outer)	500 tabs. to be packed in a white HDPE jar of 450ml OFC with a label printed on 75 GSM $\pm$ 5% Indian chromo art paper in 2 colours with size: 100 x 55 mm $\pm$ 1mm
b.	Paracetamol Syrup IP	I.P. - 1996	125mg/5ml	Syrup	500ml x 1 bottle	As per tech. specification	Bottle dia = 77 $\pm$ 1mm (outer) Bottle height with cap = 165 $\pm$ 2mm (outer)	500ml Syrup to be packed in a white HDPE bottle of 550ml OFC with a label printed on 75 GSM $\pm$ 5% Indian chromo art paper in 2 colours with size: 100 x 60mm $\pm$ 1mm
c.	Mebendazole Tabs. IP	I.P. - 1996	100mg	Tablets	450 tabs.	As per tech. specification	Jar dia = 55.5 $\pm$ 1mm (outer) Jar height with cap = 56 $\pm$ 2mm (outer)	450 tabs. to be packed in a white HDPE jar of 115ml OFC with a label printed on 75 GSM $\pm$ 5% Indian chromo art paper in 2 colours with size: 90 x 28mm $\pm$ 1mm

S.No. Product Name	Pharmaceutical Standard	Strength	Dosage Form	Qty. Reqd. in one Unit Pack	Labelling Instruction	Size of Unit Pack	Specification
d. Benzyl Betaine Application IP	I.P. - 1996	25% w/w	Lotion	500ml x 1 bottle	As per tech. Specification	Jar dia=77 mm $\pm$ 7 mm (outer) Jar height with cap = 165 $\pm$ 2mm (outer)	Same as Paraacetamol Syrup i.e. S.No.2 only colour of bottle will be blue to avoid mix-up
e. Chloramphenicol Eye Ointment	I.P. - 1996	1% w/w	Eye Ointment	3.5g x 10 tubes	As per tech. specification	45x27x82(h) mm $\pm$ 1mm	3.5g ointment packed in Aluminium collapsible tube with white HDPE cap printed in 2 colours with base colour white & such 10 tubes packed in a 300 $\pm$ 5% GSM white duplex board printed in 2 colours
f. Sulphacetimide Sodium Eye drops IP 10% w/w	I.P. - 1996	10% w/v	Eye drop	10ml x 6 vials	As per tech. specification	74x50x80(h) mm $\pm$ 1mm	Eye drops packed in 10ml amber vial with the help of rubber plug & Al seal 20mm & a label made up of 75 $\pm$ 5% GSM white Indian chromo art paper printed in 2 colours pasted on it with size 75x25mm $\pm$ 1mm with a sterilised eye dropper packed in a LDPE polybag.



Product Name	Pharmacopoeial Standard	Strength	Dosage Form	Qty. Reqd. in one Unit Pack	Labelling Instruction	Size of Unit Pack	Specification
i. Gentian Violet 2% w/v	—	2% w/v	Solution External Application	1 bottle x 100ml	As per tech. specification	Dia of bottle = $49 \pm 1.0$ mm (outer) Height of bottle = $120 \text{mm} \pm 5 \text{mm}$ & sealed (after sealing) $25 \text{mm}$ with a label printed on = $108 \pm 2 \text{mm}$ 73 $\pm 5$ % GSM Indian chromo art paper in 2 colours with size 80 x 45mm $\pm 1 \text{mm}$	Therefore each carton will have 6 vials of eye drops with 0 droppers & carton will be made up of $300 \pm 5$ % white duplex board printed in 2 colours
h. Povidone Iodine Ointment	USP	5% w/w	Ointment External Application	5gm x 5 tubes	As per tech. specification	90x27x35(h) mm $\pm 1 \text{mm}$	5g ointment packed in a Aluminium collapsible tube internally lacquered with a white HDPE cap with a piercing pointer inside. Tube to be printed in 2 colours on white ground & such 5 tubes packed in a 300 $\pm 5$ % GSM white duplex board printed in 2 colours

S.No.	Product Name	Pharmacopoeial Standard	Strength	Dosage Form	Qty. Req'd. in one Unit	Labelling Instruction	Size of Unit Pack	Specification
i.	Absorbent Cotton Roll of 400gms	I.P. - 1996	As per I.P. 1996	Absorbent Cotton	400gm x 2 rolls	As per tech. specification	---	Packing in rolls of 400gms of a continuous lap, with light weight paper turning under the entire lap, folded over the edges tightly and evenly rolled enclosed and sealed in a well closed container. Each roll shall be legible marked with manufacturer's name, month & year of manufacture and it's weight and NOT STERILISED
j.	Cotton Bandage	Cotton bandage shall strictly conform to Schedule F(II) of Drugs & Cosmetics Act 1940 & rules thereunder, 1945 or to IS:863-1988 (second revision). Cotton Yarn used for manufacture of Cotton Bandage shall be as per IS: 171-1985. Cloth	---	---	5cm x 5mtrs. x 1 dozen	As per tech. specification	---	Each bandage of 5cm x 5mtrs. shall be made into rolls, neatly and securely wrapped with blue brown paper and glued leaving the ends uncovered. Such 12 rolls shall be securely wrapped in a kraft paper and glued and again wrapped in a layer of 40 micron thick polythene film. Packets of bandage shall be legibly marked with manufacturer's name, month and year of manufacture, length(m),

S.N. Product Name	Pharmaceutical Standard	Strength	Dosage Form	Qty. Reqd. in one Unit Pack	Labelling Instruction	Size of Unit Pack	Specification
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shall be woven in plain weave with well formed. Selvedge & free from weaving defects. It shall also be free from filling, sizing or dressing material & shall be bleached & shall be cut to form bandage of size 5cm width x 5mtrs. length.

width(cm) and "NOT STERILISED"

k. Booklet in Regional Language

Sample brochure enclosed & the bidder has to enclose the same duly printed & written in Regional language in each kit

Note: The outer corrugated box for the Medicine kit shall be of 5 ply NF 100 GSM of 21 HR Kraft paper with single colour printing on two sides of corrugated box to contain pharmaceuticals. The box shall be sealed with gum-lined tape and with rayon tapes.

Sizes of unit packs are indicated. Bidders may opt their own sizes but permissible variance of  $\pm 5\%$

Annexure-II

**List of Ayurvedic medicines as suggested by Department of ISM&H,  
Government of India for inclusion in the Medicine Kit for Anganwadi  
centres under ICDS Scheme**

Sl. No.	Name of the Medicine	Therapeutic Use
1	PUNARNAVADI MANDOOR (Tablet)	For anaemia, oedema during pregnancy etc.
2	SAUBHAGYA SHUNTHI ( Granules)	For post-delivery problems, e.g. body pain, uterine and abdominal problems, lactation related problems, etc.
3	KSHHERBALA TAILA	Taila (Body massage oil) for strengthening the abdominal muscles of the mother, body massage, body ache, etc.
4	AYUSH GHUTTI (Tablet)	For common ailments of babies like indigestion, intestinal discomfort, etc.
5	BAL- RASAYANA (Tablet)	For nutritional supplement of proteins, calcium and essential minerals for children of ½ to 5 years age.
6	ARK AJWAIN (Liquid)	For promotion of appetite, indigestion, etc.
7	ARK PUDINA (Liquid)	For intestinal discomfort, pain, etc.

Shillong, the 23rd September, 2010.

**No.SERC/SHG/TB-90/2010-2011/185.**

**EXTENSION NOTICE**

This is for General Information to all concerned that the last date for receiving Tender called Vide No. SERC/SHG/TB- 90/2010- 11/158. Dt. 25<sup>th</sup> August, 2010 is hereby extended upto 3:00 P.M. on 11<sup>th</sup> October, 2010 and will be opened on the same date and hour.

The tender papers shall consequently on sale on all working days during office hour upto 8<sup>th</sup> October, 2010.

The Term and conditions shall remain unchanged.

Sl. No.	Name of Work	Estimate Cost	Court Fees Stamp	Category	Name of Division
1	Construction of R.C.C. Zonal Reservoir for Greater Mylliembah Comb W/S/S Capacity - 83,104 lts	Rs. 5,99,900/-	300/-	Gr. VII	Hills
2	Construction of R.C.C. Zonal Reservoir for Greater Mylliembah Comb W/S/S Capacity - 63,626 lts	Rs. 5,09,800/-	300/-	Gr. X	Hills
3	Construction of R.C.C. Zonal Reservoir for Greater Mylliembah Comb W/S/S Capacity - 38,266 lts	Rs. 3,22,900/-	300/-	Gr. IX	Hills
4	Construction of R.C.C. Zonal Reservoir for Greater Sohryngkham W/S/S Capacity - 37,127 lts	Rs. 3,19,800/-	300/-	Gr- I	Hills
5	Construction of R.C.C. Zonal Reservoir for Greater Sohryngkham W/S/S Capacity - 36,870 lts	Rs. 3,17,600/-	300/-	Gr- II	Hills
6.	Construction of R.C.C. Zonal Reservoir for Greater Sohryngkham W/S/S Capacity - 35,276 lts	Rs. 3,04,300/-	300/-	Gr- III	Hills
7.	Construction of Clear Water Reservoir of Latyrke W/S/S Size ( 4.10m x 4.10m x 2.40m)	Rs. 2,53,500/-	200/-	Gr- VI	Jowai
8.	Construction of R.C.C. Zonal Reservoir for Greater Sohryngkham W/S/S Capacity - 27,546 lts	Rs. 2,20,200/-	200/-	Gr- IV	Hills
9.	Construction of R.C.C. Zonal Reservoir for Greater Sohryngkham W/S/S Capacity - 27,219 lts	Rs. 2,17,600/-	200/-	Gr- V	Hills
10.	Construction of R.C.C. Zonal Reservoir for Greater Mylliembah Comb W/S/S Capacity - 30,634 lts	Rs. 2,21,700/-	200/-	Gr. VIII	Hills

Superintending Engineer (PHE)  
Rural Circle, Shillong.

Shillong, the 23rd September, 2010.

**No.SERC/SHG/TB-90/2010-2011/185.**

### **EXTENSION NOTICE**

This is for General Information to all concerned that the last date for receiving Tender called Vide (i) No. SERC/SHG/TB- 90/2010- 11/162. Dt. 27<sup>th</sup> August, 2010 and (ii) Memo. No.SERC/SHG/TB- 90/2010- 2011/165. Dt. 1<sup>st</sup> September, 2010 is hereby extended upto 3:00 P.M. on 11<sup>th</sup> October, 2010 and will be opened on the same date and hour.

The tender papers shall consequently on sale on all working days during office hour upto 8<sup>th</sup> October, 2010.

The Term and conditions shall remain unchanged.

Sl. No.	Name of Work	Estimate Cost	Court Fees Stamp	Category	Name of Division
1.	Construction of R.C.C. Pre Sedimentation Tank along with staging for Treatment Plant of Mawsynram W/S/S	Rs. 5,98,000/-	300/-	Gr. I	Hills
2.	Construction of Raw Water R.C.C. Sump for Treatment Plant- II of Mawsynram W/S/S	Rs. 2,92,500/-	200/-	Gr. II	Hills
3.	Construction of 2 (two) Units of R.C.C. Slow Sand Filter for Treatment Plant No. 1 of Mawsynram W/S/S	Rs. 5,50,000/-	300/-	Gr. III	Hills
4.	Construction of R.C.C. Clear Water Reservoir for Treatment Plant No. 1 of Mawsynram W/S/S	Rs. 2,20,300/-	200/-	Gr.- IV	Hills
5.	Construction of Iron Removal Plant for Re-Construction of Pdengkarong W/S/S	Rs. 2,62,700/-	200/-	Gr.- IV	Jowai

Superintending Engineer (PHE)  
Rural Circle, Shillong.

Shillong, the 16th September, 2010.

No.SERC/SHG/TB-90/2010-2011/179.

### **TENDER NOTICE**

Sealed tender affixing Non-Refundable Court Fees Stamp worth ₹300/- (Rupees Three Hundred) only, purchased in Meghalaya is hereby invited from Class-I Contractors of Public Health Engineering Department, for the work mentioned below for the year 2010 - 11, The same will be received in the office of the undersigned up-to 3:00 p.m. on 29-10-10 and will be open on the same date and hour in presence of the tenderers or their authorized agents who would like to be present.

Detailed specifications and other terms and conditions may be had from the office of the undersigned on any working days up to the 28-10-10 with an application and on payment of ₹500/- (Rupees Five Hundred) only, in cash.

Sl. No.	Name of Work	Estimated Amount	Name of Division
1.	Construction of Metalling and Black topping of approach road inside the PHE Compound of the SDO (PHE), Shella Sub Division, Shella.	₹3,55,120/-	PHE Sohra Division, Sohra.

***Sri R.K. Pandey,***  
**Superintending Engineer (PHE)**  
**Rural Circle, Shillong.**

Shillong, the 27th September, 2010.

### SHORT TENDER NOTICE

**No.CE/PHE/TB-177/2010-11/4.**—Sealed Tender affixing required Court Fee Stamp to be eventually drawn in PWD F-2 form are hereby invited for the under mentioned works from the registered Class-I contractors of the PHE Department, Meghalaya and the same will be received by the undersigned upto 3 p.m. on 29th October, 2010.

Tenders without requisite Court Fee stamp will be Summarily rejected.

Tenders received will be opened on the same date and hours in the presence of tenderers or their authorized agents who like to be present

Sl. No.	Description of works	Estimated amount	Court Fee Stamp	Time of completion
1.	Construction of 0.76 MLD Capacity Treatment Plant for Greater Sohryngam W.S.S.	Rs. 62,13,100.00	1000.00	18 months

Detailed tender notice may be obtained from the office of the Chief Engineer, PHE, Meghalaya, Shillong on application and payment of Rs. 1000/- (Rupees one thousand) only in cash with effect from 4th October, 2010 to 27th October, 2010.

Addl. Chief Engineer, PHE,  
Zone-III Shillong.

Shillong, the 27th September, 2010.

### SHORT TENDER NOTICE

**No.CE/PHE/TB-177/2010-11/5.**—Sealed Tender affixing required Court Fee Stamp to be eventually drawn in PWD F-2 form are hereby invited for the under mentioned works from the registered Class-I contractors of the PHE Department, Meghalaya and the same will be received by the undersigned upto 3 p.m. on 29th October, 2010.

Tenders without requisite Court Fee stamp will be Summarily rejected.

Tenders received will be opened on the same date and hours in the presence of tenderers or their authorized agents who like to be present

Sl. No.	Description of works	Estimated amount	Court Fee Stamp	Time of completion
1.	Construction of R.C.C. Intake and laying of Gravity Main for Greater Umsning W.S.S.	Rs. 62,25,800.00	1000.00	18 months
2.	Construction of C.W.R. for Greater Umsning W.S.S.	Rs. 12,75,700.00	300.00	12 months
3.	Construction of 1.25 MLD capacity Treatment Plant for Greater Umsning W.S.S.	Rs. 99,36,450.00	1000.00	18 months

Detailed tender notice may be obtained from the office of the Chief Engineer, PHE, Meghalaya, Shillong on application and payment of Rs. 1000/- (Rupees one thousand) only for Sl. 1 and 2 and Rs. 2000/- (Rupees two thousand) only for Sl. 3 from 4th October, 2010 to 27th October, 2010.

Addl. Chief Engineer, PHE,  
Zone-III Shillong.



Shillong, the 16th September, 2010.

**No.SAN.136/2007/470.**—The term of appointment of firms for supply of Carpets to Meghalaya (Civil) Secretariat with the approved rates against each items and all the terms and conditions contained in the Department Office Order No.SAN.136/2006/456, dated 30th July, 2009, is hereby extended for the year 2010-2011, and until further orders excluding M/S J. Blah, Mawlai Nonglum, Shillong-8, M/S.Marak Enterprise, Mawlai lewrynghep, Shillong - 8 and M/S Sangriang Mining Enterprise, Mawlai lewrynghep, Shillong-8 whose names stands excluded from the Approved list referred to above on their own request.

**F. J. MAIROM,**

Deputy Secretary to the Govt.of Meghalaya  
Secretariat Administration Department (Nazarat).

Shillong, the 16th September, 2010.

**No.SAN.138/2007/445.**—The term of appointment of firms for supply of Door & Window Curtains to Meghalaya (Civil) Secretariat with the approved rates against each items and all the terms and conditions contained in the Department Office Order No.SAN.138/2007/440, dated 30th July, 2009 is hereby extended for the year 2010 - 2011, and until further orders.

**F. J. MAIROM,**

Deputy Secretary to the Govt.of Meghalaya  
Secretariat Administration Department (Nazarat).

Shillong, the 16th September, 2010.

**No.SAN.137/2007/436.**—The term of appointment of firms for supply of Chair Cushion to Meghalaya (Civil) Secretariat with the approved rates against each items and all the terms and conditions contained in the Department Office Order No.SAN.137/2007/432, dated 3rd August, 2009, is hereby extended for the year 2010 - 2011, and until further orders.

**F. J. MAIROM,**

Deputy Secretary to the Govt.of Meghalaya  
Secretariat Administration Department (Nazarat).

Shillong, the 28th September, 2010.

**No.PW/CE/ESTT/65/10/3.**

Application in Standard Form are invited from the Candidates who are Citizens of Meghalaya (as defined in Article 5.8 of the Constitution of India) for the post of Junior Engineer (Civil) under Regulation 3(f) of M.P.S.C. (LOF) Regulation 1972 under the Office of the Chief Engineer, P.W.D. (Roads) Meghalaya, Shillong.

**Condition and Criteria for Eligibility**

1. Some posts of Junior Engineer (Civil) under the Office of the Chief Engineer, P.W.D. (Roads) Meghalaya, Shillong.
2. Scale of Pay - Rs.14100-350-16550-EB-460-20690-620-27510.
3. Age Limit - 18 to 27 years relaxable by 5 years for SC/ST Candidates. No age limit for Candidates who are already in Meghalaya Government Service provided they entered Service within the prescribe age limit.
4. Minimum Educational Qualification - Candidates must have passed 3 years Diploma Course in Civil Engineering from a recognized Institution. Candidates who are appearing/have appeared in the final Diploma Examination this year are also eligible to apply, but their case will be considered only if they pass the examination on or before the date of interview.
5. Canvassing directly or indirectly will attract disqualification.
6. Application alongwith attested copies of all necessary Certificates, Testimonials etc should reach the Office of the Undersigned within **13<sup>th</sup> October, 2010.**
7. Incomplete applications shall be summarily rejected.
8. The Selection process will include an oral interview of the Candidates. The date(s) and venue will be intimated in due course.
9. The Department will not be responsible for the postal delay, if any.

**M. Tariang,**  
Chief Engineer, PWD (Roads)  
Meghalaya, Shillong

NO.PW/TB/BR/5/2010/Pt/7

Dated Shillong, the 20<sup>th</sup> Sept, 2010**SHORT NOTICE INVITING TENDER**

1. In cancellation to this office Short Notice Inviting Tender No. PW/TB/BR/5/2010/Pt/2 dtd. 16.07.2010, fresh sealed tenders subsequently to be drawn up in M.P.W.D. F-2 form of Tender agreement duly affixed with a non-refundable court fee stamp of Rs. 2000.00 (Rupees Two Thousand) only, are hereby invited in 2 (two) cover bid system i.e. Financial and Technical Bids separately by the undersigned on behalf of the Governor of Meghalaya, from the Registered Class-I P.W.D. Contractors of Meghalaya State/ Joint ventures having requisite qualifications for the under mentioned work and will be received in the office of the Chief Engineer, PWD (Rds), Meghalaya, Shillong (Room No.311) upto 2.00 P.M. of **08.10.2010**. The Technical Bids will be opened on the same date at 2.15 P.M. in presence of the tenderers or their authorised representatives whosoever desire to attend. If the last date happens to be a holiday, the next working day will be considered as the date of receiving and opening of tenders.

Detailed tender papers maybe obtained from the Bridge Design Branch (Room No. 311) of this office from **30.09.2010** upto **06.10.2010** on payment of Rs. 1000.00 (Rupees One Thousand) only, non-refundable per set in cash payable to the Cashier of this office during office hours on any working day, from 11.00 A.M. upto 3.00 P.M. Intending tenderers desiring to get the detailed tender papers by post shall have to send the cost of tender papers alongwith extra Rs.500.00 (Rupees Five Hundred) only, non- refundable in the form of Demand Draft / Postal Order, duly pledged in favour of Chief Engineer, P.W.D (Rds), Meghalaya, Shillong payable at Shillong. However, the undersigned is not responsible for the postal delay, if any.

2. NAME OF WORK :- Reconstruction of weak Bridge No. 4/1 on Sutnga – Sumer Road  
(Span – 45.00 m) under RIDF-XVI

3. DETAILS OF WORK :-

Span	Nature of work	Approximated value of work
2x21.75m	Construction of RCC T-Beam Girder Bridge including construction of approaches.	Rs.1,98,35,000.00 (Rupees One Crore Ninety Eight Lakhs Thirty Five Thousand) only

4. TIME FOR COMPLETION :- 24 (twenty four) months from the date of issue of Final Work Order.

5. RATES - Rates are to be quoted on flat percentage basis i.e. AT PAR / ABOVE the SOR for Roads, Bridges and E&D works for the year 2007-08 under Jowai Circle, PWD (Roads), Meghalaya.

6. EARNEST MONEY :- 2% (two percent) of the tender value for the general and 1% (one percent) for the Scheduled Caste / Scheduled Tribe shall have to be enclosed with the tender. However Registered Class –I Contractors of Meghalaya, PWD (Rds.), are not required to furnish Earnest Money at the time of submission of tender
7. In case of Joint venture both the partners should submit Trading Licence and Labour Certificate. Also Earnest Money is to be enclosed along with the tender.
8. The prospective tenderers should have satisfactorily completed during the last 5 (five) years at least 1 (one) R.C.C. bridge work of similar nature and having a magnitude of 40% (price updated @ 10% per annum compoundable) of the project cost for which prequalification is sought for or currently executing satisfactorily at least 1 (one) work of similar nature and having completed billing not less than 40 % of the value of the work for which prequalification is sought.
9. The prospective tenderers or any of their constituent partner should not have abandoned any work nor any of their contract work should have been rescinded during the last 5 (five) years.
10. The prospective tenderers shall have their own or furnish documentary proof for acquisition (hire / purchase) of plants and machineries to be utilised in the execution of work.
11. The prospective tenderers or any of their constituent partner shall have requisite key personnel and quality control equipments for the execution of the work which will include Project Manager.
12. The average annual turn over of the prospective tenderers or their constituent partner over the last 5 (five) years shall not be less than 40% (forty percent) of the project cost.
13. The working capital of the prospective tenderers or their constituent partner shall not be less than 10% (ten percent) of the project cost.
14. The available bid capacity of the prospective tenderers shall be more than the project cost which will be calculated as per provisions of the bid document.
15. Non-tribal contractors shall have to furnish valid Trading Licence from the Jaintia Hills Autonomous District Council, while submitting their tender, otherwise the tenders will not be considered as valid.
16. Those who fulfill all the above conditions are only eligible to cast their tender.
17. (i) The Chief Engineer, (NH), PWD (Rds), Meghalaya, Shillong reserves the right to accept or reject any or all tender without assigning any reason thereof.  
(ii) Tender papers will be issued free of cost to those tenderers who had casted their tenders earlier.

**(S.B. Chyrmang)**  
**Chief Engineer, (NH), P.W.D. (Roads)**  
**Meghalaya :: Shillong.**

Williamnagar, the 16th August, 2010.

**No.CWG.46/90/Pt.I/120/1415.**—Notification No.CWG.46/90/Pt.I/120, dated 16th August, 2010, Under Section 13(2) of the Meghalaya Co-operative Societies Act, 1971, (vide adoption of laws order No.I of 1971), the partial amendment shown below of the bye-laws of the Mendipathar Multipurpose Co-operative Society Ltd. registered under the Meghalaya Co-operative Societies Acts, 1971. Under registration No.W-2 of 1998-99, dated Williamnagar, the 17th December, 1998, has been duly registered in my office this day of Sixteenth August Two Thousand Ten ANNO DOMINI.

The Bye-laws amendment and registered this day are as follows.

1) By partial amendment of Society's Bye-laws provision No.14(i), (ii); (X)(e) and No.17 under the name of Mendipathar Multipurpose Co-operative Society Ltd.

Assistant Registrar of Co-operative Societies,  
East Garo Hills, Williamnagar.

Shillong, the 28th September, 2010.

**No.SW(G)220/2010/58.**—It is hereby notified that in view of unavoidable circumstances, the interview fixed on 7th October, 2010 in the office of Joint Director Sericulture and Weaving, Tura for admission to the Certificate course Training in Handloom Technology as notified *vide* **CORRIGENDUM** No.SW(G)220/2010/6, dated 21st September, 2010 is now deferred to 12th October, 2010 at 11.00 A.M.

**A. KHONGLAM,**  
Director,  
Sericulture & Weaving,  
Meghalaya, Shillong.

Umsning, the 28th September, 2010.

No.EE/PHE/UMS/TB-36/2010-11/778.

### **NOTICE INVITING TENDER**

Sealed Tender Notice duly affixed with a non refundable court fee stamp of Rs.50/- for works below Rs. 50,000/- (Rupees Fifty Thousand) only and Rs. 100/- (Rupees One Hundred) Only for works above Rs. 50,000/- (Rupees Fifty Thousand) only but below Rs. 1,00,000/- (Rupees One Lakhs) only and Rs. 200/- (Rupees Two Hundred)only for Works above Rs. 1,00,000/- (Rupees One Lakh)only but below Rs. 2,00,000/- (Rupees Two Lakh)only; eventually to be drawn in P.W.D. F-2 form are hereby invited from class-I Registered contractors of Meghalaya P.H.E; class-II Registered contractors under Superintending Engineer(PHE) Ri Bhoi Circle Nongpoh and class-III of Executive Engineer (PHE)Umsning Division .

Detailed tender papers, specifications, Terms and Conditions, etc can be obtained from the office of the Undersigned during office hours upto 5:00 P.M of **13<sup>th</sup> Oct.2010** and the same shall be received upto 3:00 Pm of **14<sup>th</sup> Oct.2010** on payment of Rs. 100.00 ( Rupees One Hundred) only for the tender below Rs.50,000/- ( Rupees Fifty Thousand ) only and Rs.150/- (Rupees One hundred Fifty) only for tender above Rs.50,000/- (Rupees Fifty Thousand ) only but below Rs.1,00,000/- (Rupees One Lakh)only and Rs. 200/- (Rupees Two Hundred)only for tender above Rs. 1,00,000/- (Rupees One Lakh)only but below Rs. 2,00,000/- (Rupees Two Lakh)only. The tender will be open on the same date in the presence of intending tenderers or their authorised agents if they like to be present.

Sl.No.	Name of works	Tender Value (Rs.)	Alloted Time for Completion of the Work
1	Construction of Circular Zonal Reservoir at point "T" of Greater Umsning Water Supply Scheme.	103,800.00	60 Days
2	Construction of Circular Zonal Reservoir at point "S" of Greater Umsning Water Supply Scheme.	102,800.00	60 Days
3	Construction of Circular Zonal Reservoir at point "R" of Greater Umsning Water Supply Scheme.	53,000.00	45 days
4	Construction of Circular Zonal Reservoir at point "P" of Greater Umsning Water Supply Scheme.	63,950.00	45 days
5	Construction of Circular Zonal Reservoir at point "O" of Greater Umsning Water Supply Scheme.	158,000.00	60 Days
6	Construction of Circular Zonal Reservoir at point "L" of Greater Umsning Water Supply Scheme.	89,800.00	45 days
7	Construction of Circular Zonal Reservoir at point "K" of Greater Umsning Water Supply Scheme.	57,150.00	45 days
8	Construction of Circular Zonal Reservoir at point "I" of Greater Umsning Water Supply Scheme.	98,900.00	45 days
9	Construction of Circular Zonal Reservoir at point "G" of Greater Umsning Water Supply Scheme.	66,000.00	45 days
10	Construction of Circular Zonal Reservoir at point "F" of Greater Umsning Water Supply Scheme.	172,400.00	60 Days



**TERMS AND CONDITIONS**

- 1 The intended Contractor has to acquaint with the work or location before casting the tender(s).
- 2 The rates are to be quoted in flat percentage basis i.e ABOVE / AS PER the current Schedule for the year 2007-08.
- 3 The rate should be quoted clearly both in figure and words as per or above the estimated rates. Any cutting or Overwriting should bear signature of the tenderer else the same will be rejected.
- 4 All the construction materials like, Specials, Cement, T.S/M.S rod etc. (except G.I pipes which will be issued from PHE Umsning Store) will have to be arranged by the contractor.
- 5 The VAT / Forest Royalty shall be realised from the bills as per current Government rate / Circular.
- 6 Non-Tribal Contractors shall have to furnish the valid Trading License from concerned Autonomous District Council, failure which their tender will be cancelled.
- 7 No Subletting of Tender shall be entertained and a declaration of the work will be executed by the contractor & the same should be submitted along with the Tender.
- 8 A Copy of the recent Passport Size duly attested by the Gazetted Officer / M.L.A. should be attached with the tender papers.
- 9 The current Registration No.(With Proof) & full Postal address should be submitted along with the Tender papers.
- 10 The name of work must clearly be written on top of the sealed Envelope.
- 11 Canvassing of any form in connection with the tenderer is Strictly prohibited.
- 12 Contractors are advised not to incorporate any price escalation Clause in their offer for quick and easy assessment of Tenders. Offers made should be clear & ambiguous conditional offers are likely to be rejected.
- 13 In case of any disputes arising during execution of the work, the decision of the Executive Engineer (PHE) Umsning Division is Final & binding.
- 14 No Labourer under the age of 14 (Fourteen) years shall be employed. Labourers shall be paid with rates not less than those paid for similar works.
- 15 If the date of opening of tender paper happens to be a holiday, the next working day will be the date of opening of tender papers.
- 16 Class II & Class III Contractors have to deposit the earnest money as applicable.
- 17 A copy of P.A.N Card is compulsory otherwise the tender will not be considered as valid.

Executive Engineer(PHE)  
Umsning Division; Umsning

Shillong, the 21<sup>st</sup> September, 2010.

**No.PMS/108-2K10-117/34.**

**RE-TENDER NOTICE**

1. Sealed Tenders (**Technical Bid & Price Bid in separate sealed covers**) affixing non-refundable Court Fee Stamp of Rs.1,000/- (Rupees one thousand) only are invited for supply of **reputed national and International branded Training Equipment** indicated at **Annexure- "A"** under the Scheme for Modernisation of State Police Force 2010 – 2011. The Sealed Tenders will be received up to 1200 hrs. on 11<sup>th</sup> October 2010 and the received technical bids will be opened on the same day immediately thereafter.
2. **Tender must be accompanied by:-**
  - i. Earnest money of Rs. 5,000/- in case of non-tribals and 2,500/- in case of tribals in any one of the following forms only.
    - (a). Crossed bank draft: or,
    - (b). Deposit at call.Payable to the Inspector General of Police, (TAP), Meghalaya, Shillong, at any Nationalized Bank at Shillong.
  - ii. Attested copy of VAT Certificate and VAT Registration.
  - iii. Attested copy of valid and current Sale Tax Clearance Certificate from Superintendent of Taxes. TIN of the Firm should be enclosed without which the Tender shall be out rightly rejected.
  - iv. Attested copy of Valid and current Professional Tax Certificate.
  - v. Attested copy of valid and current District Council's Trading License for Non- Tribal Tenderers.
  - vi. A declaration that no spouse of the tenderer is working in the office of the Director General of Police, Meghalaya, Shillong or in any of the District offices of the Police Department in Meghalaya.
  - vii. Whenever a tenderer quotes rate for a particular brand, a certificate from the Manufacturer/Distributor to the effect that the tenderer is an authorized Dealer/Agent is to be furnished by the tenderer.
  - viii. Whenever a tenderer quotes for a particular item, Original catalogue, Brochure containing detailed technical Specifications should be enclosed.
  - ix. Attested Photograph of the Tenderer.



- x. Financial stability Certificate from any Nationalized Bank or Deputy Commissioner concerned.
  - xi. Tenderer should submit the undertaking that the supply of equipments should be carried out by himself/herself only.
  - xii. Tenderer should quote the item as per specifications specified at Annexure-A. (A soft copy of the technical specifications quoted by the tenderer maybe enclosed in a CD.)
  - xiii. Tenderers already furnished the earnest Money in the first Tender need not furnish again.
3. The following information must be mentioned on the body of the separate envelopes containing the technical bids and the price bids, failing which the sealed envelope of quoting firms will not be opened. However the decision of the Tender Opening Committee is final and binding in this regard.
- (a) Sales Tax certificate valid up to \_\_\_\_\_ enclosed.
  - (b) VAT Certificate/Registration valid up to \_\_\_\_\_ enclosed.
  - (c) Professional Tax Certificate valid up to \_\_\_\_\_ enclosed.
  - (d) Earnest money valued Rs. \_\_\_\_\_ enclosed.
  - (e) Court Fee Stamps of Rs.1000/- to be enclosed.
  - (f) District Council's Trading License valid up to \_\_\_\_\_ enclosed. (For Non-Tribal firms).
4. **Rates:**
- (a) Should be inclusive of all taxes to be deducted at source.
  - (b) Should be valid for a period of 12 (twelve) months.
  - (c) Should be quoted separately for each item.
  - (d) Should be quoted F.O.R destination the Asstt. Inspector General of Police, (A), Meghalaya, Shillong.
  - (e) Should be inclusive of all charges like packing, insurance and other incidental charges. Only C.S.T against 'D' form may be shown extra, if applicable;
  - (f) Should be written clearly in figures and in words. Any alterations or over writing must be fully signed by the tenderer.
5. Tender should be addressed to the undersigned by designation and not by name. Sealed envelope containing the tender should be superscripted as, **Tender for supply of Items/Equipments (Technical Bid) & Tender for supply of Items/Equipments (Price Bid)** under Modernisation Schemes as specified at Annexure- 'A' these must be sent by registered cover or hand – delivered. On the cover containing the Technical Bid, it shall be mentioned in bold letters. **If both technical bids and**

**price bids are found kept in the same envelop, such tenders are liable for summary rejection by the Tender Opening Committee.**

6. Qualified Tenderers must be prepared to accept item- wise rates offered by this Department after due approval from the DPB.. Otherwise, their earnest money will be forfeited.
7. Tenderer should quote the rate inclusive of Custom duty etc. for imported items.
8. The Asstt. Inspector General of Police, (A), Meghalaya, Shillong will intimate the successful tenderer through a letter of acceptance. Till then, no tenderer has any right to assume that his/her tender has been accepted. There shall be no claim whatsoever for compensation for any expenditure incurred by any tenderer, in anticipation of any acceptance letter.
9. Earnest money of the unsuccessful Tenderers will be released only after finalization of the contract with the successful tenderer. Further, the Earnest Money of the successful tenderer will be returned only when the security deposit has been furnished.
10. The Asstt. Inspector General of Police, (A), Meghalaya, Shillong may carry out negotiations with the tenderer for reduction of quoted rates, which may be voluntarily offered by the Tenderers, before finalization of the contract.
11. Successful Tenderers will furnish a Security Deposit of 5% of the total cost of the equipment approved in case of tribals and 10% in case of non-tribals in the form of a Bank Draft, Deposit at Call, pledged in favour of the undersigned. If the successful tenderer fails to furnish the Security Deposit, the offer will be cancelled and the Earnest Money forfeited to Government. This Security Deposit of the successful tenderer will be released only after satisfactory completion of the contract.
12. Successful Tenderers will sign a Contract Agreement, within the time to be intimated, with the undersigned. If any successful tenderer refuses to sign the Contract Agreement within the stipulated time, the Earnest Money of such tenderer will be forfeited to the Government and he/she will be debarred from tendering any supply to this Department for a period of 2 (two) years.
13. Once the Contract Agreement is signed, the selected tenderer will supply the items as ordered by the indenting Officer within 90 (ninety) days. No complaints whatsoever regarding terms and conditions, quality, non-availability of materials, etc. will be entertained. Further, the selected tenderer will have no right whatsoever to any claim of loss or damage due to fluctuations of prices, etc. other than additional imposition or enhancement of any duty or tax in force.
14. Once the rates offered in the tenders are accepted, no enhancement of rates will be allowed under any circumstance and the Tenderers will be liable to supply at the rates accepted by the Asstt. Inspector General of Police, (A), Meghalaya, Shillong. Failure to supply at the accepted rates will entail the offer being cancelled and the Security Money forfeited to Government of Meghalaya.

15. Payment will be made to the firms directly, only on completion of supply and installation. Documents, Vouchers, RR Bills etc. routed through Bank will not be accepted.
16. Any loss sustained by the Government due to failure, omission or neglect of the supplier will be realized from his/her Security Deposit.
17. In the event of rejection, failing, declining, neglecting or delaying to comply with any demand or requisition, the Asstt. Inspector General of Police, (A), Meghalaya, Shillong will be at liberty to order purchase of such items at the expense of the supplier.
18. The Asstt. Inspector General of Police, (A), Meghalaya, Shillong may rescind forthwith the contract in writing if:
  - (a) A contractor assigns or sub-lets any contract without his approval in respect of the contract or any other contract entered into with the undersigned.
  - (b) A contractor or his agent or servants are guilty of fraud in respect of this contract or any other contract.
  - (c) The supplier declines, neglects or delays to comply with the demand or requisition or in any other way fails to perform or observe any condition of the contract.

Incase of such rescission, the Security Deposit, in part or full, at the discretion of the Asstt. Inspector General of Police, (A), Meghalaya, Shillong shall stand forfeited and be absolutely at the disposal of Government. Further, the Government entitled to recover, from the suppliers, any extra expense of Government may be put to in obtaining supplies from elsewhere.
19. If the supplier/Firm willfully neglects, fails to perform or observe any condition of contract, or attempts to cheat or indulge in foul practices, the Asstt. Inspector General of Police, (A), Meghalaya, Shillong may impose a ban upon such supplier/firm for future business with the Department.
20. The Purchase Board reserves the right to reject any or all tenders without assigning any reason thereof and does not bind itself to accept the lowest (s).

Inspector General of Police, (TAP),  
Meghalaya, Shillong.

**TENDER NOTICE**

Sealed Tenders, affixing non refundable Court fee Stamp of **Rs. 1,000/- (Rupees one thousand) only** are invited from bonafide, established reputed manufactures or their authorised dealer/agents/representative for entering into the rate contract for supply of Training Equipments under Modernisation of Police Force 2010 -2011. The Sealed Tenders will be received by the undersigned up to **12.00 hrs on 12<sup>th</sup> October, 2010, and** will be opened on the same day at 13.00hrs by the undersigned. Full details are available in the office of the undersigned during office hours. Also the tender details may be downloaded from **[www.megpol.nic.in](http://www.megpol.nic.in)**

**Shri B. L. Buam, IPS,**  
Inspector General of Police, (TAP)  
Meghalaya, Shillong

**ANNEXURE- 'A'****LIST OF TRAINING EQUIPMENT****I. Gymnasium**

The equipments for the Gymnasium should consist of the following equipments and should be manufactured by a **reputed national and/or International branded Training Equipment manufacturer** with service centre in India (in case of International Brands), with robust quality for commercial use.

**(a). Controlled Angular Movement 1 Set**

To be used to train Abductor, Adductor, Hamstring, Quadriceps etc muscles. It should have a Lumbar support pad adjustable.

**(b) Biceps , Triceps- 1 Set**

To be used to train Biceps, Triceps and Pectoral Muscles. It should be a single machine with adjustable seats.

**(c) Back Strengthening Unit- 1 Set**

To be used to train Back and Abdominal muscles. It should be a single machine with Foot lock adjustable to accommodate different user height.

**(d). Vertical Knee Raise for stretches 1 Set**

To be used for total flexibility and strengthening of the Calf and Quadriceps muscles. It should be a single machine.

**(e). Multi purpose bench for Incline/decline 1 Set**

To be used for exercises for different muscles of the body. It should be a single machine with leg hold down facilities.

**(f). STRETCH Machine 1 Set**

Single one stop flexibility machine.

(g). **Abs and Oblique** 1 Set

It should be capable to be used for bio-mechanical movement, and train the entire abdominal region without stressing the lower back.

(h). **Multi Press Combo** 1 Set

This machine should be capable to have a combination of the Bench, Chest and Shoulder Press. It should be a sturdy heavy duty Commercial Dual Motion series with high grade cables on a 1 is 3 ratio of resistance. It should be sleek in design space saving equipment with ergonomic benefit to the end user and with the option of adding 70 - 80lbs weights on the standard 160-180lb weight stack. It should have the following specifications of weight capacity of a 100 to 125 kgs, maximum load of trainer 150kgs, weight stack 1 of 70 to 80 kgs and 2<sup>nd</sup> of 110 to 120 kgs.

(i). **Lat with Mid Row** 1 Set

This machine should be capable to have a combination of LAT pull down while seated. It should be a sturdy heavy duty machine with high grade cables on a 1 is 3 ratio of resistance. It should be sleek in design space saving equipment with ergonomic benefit to the end user and with the option of adding 70 - 80lbs weights on the standard 160 - 180lb weight stack. It should have the following specifications of weight capacity of a 100 to 125 kgs, maximum load of trainer 150 kgs, Weight stack 1 of 70 to 80 kgs and 2<sup>nd</sup> of 110 to 120 kgs.

(j). **Leg Press Calf Raise** 1 Set

This machine should be capable to have a combination of Leg press and calf toning. It should be a sturdy heavy duty Commercial Dual Motion series with high grade cables on a 1 is 3 ratio of resistance. It should be sleek in design space saving equipment with ergonomic benefit to the end user and with the option of adding 70 - 80lbs weights on the standard 160 - 170lb weight stack. It should have the following specifications of weight capacity of a 100 to 125 kgs, maximum load of trainer 150 kgs, Weight stack 1 of 70 to 80 kgs and 2<sup>nd</sup> of 110 to 120 kgs.

(k). **Commercial Four Station Gym** with Sturdy frame Structure; overed weight Stacks for safety & attractive looks; PVC weight stacks; Superior upholstery; Optimum utilization of area; Smooth workout; Accurate angles; Work outs- Bench Press (seated) for upper & middle

chest.; Pack Deck; Lat Pull Down(Back & Front).;Bent over Pulley.; Shoulder Shrug.; Rear Deltoid. ; Triceps Pull Down.; Seated Rowing.; Biceps Curl.; Forearm Curl. ; Wrist Curl.; Abdominal Crunches.; Leg Curl.; Leg Extension.; Hip Flexor. Parallel Dips(Triceps Ext.); Side Kick.; Front Kick ; Twister and One Arm Rowing

(II) **TREADMILL AND OTHER EQUIPMENTS FOR Endurance, Stamina Enhancement and Overall Fitness**

Should have the following features as per the quantities mentioned.

a) **Treadmill**

Should be a high quality Institutional use treadmill .It should have the following features:

1. All information should be displayed on a LED display console.
2. The Running Area should be 55 to 60” x 18 to 22” and Running belt should be 55 to 65” x 19 to 22”
3. It should have an Elevation of 0 – 15%
4. It should have a Motor of 3.0 to 4.0 HP with a Continuous Duty of 6.0 to 7.0 HP peak
5. It should have a cushioning, self-lubricating Belt and Rollers with the capability of handling User Weight of 150 Kgs.
6. It should have the following programmes: Walking Courses, Running Courses, Cardio, Fat Burning, Endurance
7. It should have the following readouts Elevation, Heart Rate, Time, Speed, Calories and Distance
8. Should be heavy duty usage equipment with ISO 9002 rating.
9. Should be supplied with a 3 KVA stabilizer.

b) **Elliptical Trainer**

It should have self-generating power and built-in programs with different levels of resistance. The display should be a LED console. It should be able to be used by a person of upto 150 kgs. and have an ISO 9002 rating. It should have the following readouts Time, Work Level, Distance, Speed, Heart Rate, Calories etc.

c) **Swing Arm Recumbent Exer-cycle**

It should have a Console with a large LCD. It should have Resistance Control Adjustable Tension Knob with a Resistance Range of 12 to 15 Levels. The console should have the following readouts: Time/Speed/Distance/ Calories / Heart Rate etc.

d) **Upright Exercycle**

It should have a 6 to 8 built-in programs and 12 to 16 levels of resistance. The display should be a

LED console. It should be able to be used by a person of up to 150 kgs and should have an ISO 9002 rating. It should have the following readouts: Time, Weight, Watts, Program Level, Distance, RPM, Speed, Heart Rate, Calories, Average Speed etc.

e) **Power Plate**

It should be supplied with a 0.75 to 1.0 HP motor and be capable to withstand up to 150 kgs of user weight . It should be a 8 to 10 speed machine. It should have multiple programme modes and 1 manual mode with Adjustable handle bar height having different time settings.

It should be made of 12 to 14 gauge tubing with high density padding and precise and spring assisted seat adjustment. Should be able to handle 200lbs weight stack on 1:2 ratio of resistance.

f) **Heavy duty boxing Trainer**

The Punching Bag should be of 35-38 cm (dia) x 112-118 cm and a total height of 160 to 165 cm. The base should be 680-700 mm (dia) x 24-27 cm (H) x 4.5 -6 Kgs (W), and the weight with water should be 55 to 65 Kgs. It should have a rubber shaft reflex system.

g) **Heavy duty kick trainer**

It should have a Base diameter of 450 to 470 mm with a height of 130 to 135 cm and should have 4 to 6 pcs of kicking bar with a length of 56 to 60 cm and multiple adjustable angles.

h) **LCD Digital Jump Rope**

It should have a digital LCD with the facilities to have weight set, time set, alarm set. It should also have a counter with calories consumption read out.

i) **Rower**

It should have programmable controls within the console. It should have the following readouts: Time, Speed, Distance Rowed, Watts, Calories, Strokes per min, Total Strokes etc

j) **DUMBELS 2.5 kgs, 5 kgs, 10 kgs pair**

It should have the above mentioned weights and supplied in six sets. Should be PVC-Neoprene. The above should be supplied with a dumbbell rack 4' to store the same.

k) **Ankle / wrist weights 3 kgs/2kg/1kg**

l) **STEELFLEX weights set of 100lbs**



- m) **Barbell rods 5' & 6'**
- n) **Curl Bar 3' - 4'**

### **III. HD. DIGITAL CAMERA**

The digital camera should be compact.

- (a). Waterproof upto 10 meters
- (b). Shockproof and can take a fall from 1.22 meters
- (c). Freeze proof upto – 10 degrees Celsius.
- (d). Dustproof.
- (e). 12.1 Mega pixels.
- (f). 3.0x optical zoom with Image Stabilizer.
- (g). Smart Auto Mode with Scene Detection Technology.
- (h). DIGIC 4 sensor for ultra – fast response and superb image quality.
- (i). Bright 2.5" LCD with 2mm protective shield.
- (j). 30 fps VGA movie mode.
- (k). Fairly fast lens, enabling photography at low light.
- (l). Light weight.
- (m). Comfortable to use with gloves.
- (n). It should have anti fog Lens Window

Sample be submitted.

### **IV MOBILE PHONE.**

(Best brands only) Dual SIM facility, 2 mega pixel inbuilt camera, 8 GB Memory Card etc.

### **V. Mirror fitting (Full body size) should be quoted separately per mirror Flooring rate per sq. feet be also quoted**

**The firms should quote inclusive of installation, commissioning and all other incidental charges, if any.**

Inspector General of Police, (TAP)  
Meghalaya, Shillong.